



PEER ACTION

FOR PEOPLE LIVING WITH HIV

Become a volunteer therapist with Peer Action

We are a registered charity dedicated to improving the well-being of people living with HIV in Brighton and Hove and surrounding areas. As a grassroots group run entirely by volunteers, we offer support through a programme of well-being events, social and physical activities, providing friendship and companionship to anyone feeling isolated as well as those who care for or share their lives with them.

We are looking for therapists to join our talented pool of volunteers: join us if you are a qualified professional in one or more complementary therapies such as: tapping (emotional freedom technique – EFT); hypnotherapy; massages (deep tissue, Swedish, sports massage and others); acupuncture or other specialisations.

As a volunteer therapist with Peer Action, you will help us deliver the well-being days by working on a weekend afternoon event when you will be using your skills to improve our peers' health and well-being. You will be reimbursed for any expenses incurred to attend the event.

Above all, we are looking for people with the energy and passion to make a difference for people living with HIV. Although we operate within a very strong local community, we invite applications from Sussex and surrounding areas.

Anyone wishing to become a volunteer therapist will be asked to provide the following:

- A complete Volunteer Application Form
- A DBS disclosure for safeguarding reasons if required (we can arrange that for you)
- Contact details for one referee
- Bank details for reimbursement of expenses

For an informal discussion about the role or to request an application form, please contact trustees@peeraction.net. We welcome enquiries to this role.

Have you got a skill you believe to be of benefit to our service users? Please get in contact with us at trustees@peeraction.net and let us know. We will be very happy to hear from you.

For more information on our well-being events visit: <https://peeraction.net/groups-1/#tab-id-35> .